



Sample schedule

When?	What?
7:30 - 8:30	Arrival/Breakfast Time Nutritious breakfast served while children settle in for the day
8:30 - 9:30	Center Free Play Children can choose from assortment of toys, dress-up play, and board games
9:30 - 9:45	AM Snack Nutritious snack is served
9:45 - 10:15	Craft Craft or art project to coordinate with our weekly theme
10:15 - 11:00	Circle Time Songs, finger-plays, rhymes, and other learning games to coordinate with weekly lesson theme
11:00 - 11:30	Active Time Outside time (weather permitting) or free play
11:30 - 12:15	Lunch Nutritious lunch is served
12:15 - 12:30	Story Time Story to coordinate with weekly lesson theme
12:30 - 3:00	Rest Time Young children take naps while older children have quiet time
3:00 - 3:20	PM Snack Nutritious snack is served
3:20 - 5:00	Center/Free Play Outside time or additional activities until departure